



UNIFORMS

2023-24 HANDBOOK

PARK INTERNATIONAL
SCHOOL

An **inspired** school

PaRK IS Uniform

At PaRK IS, we believe that wearing a uniform encourages everyone to feel part of the same "team" and reinforces the school position and image to everyone.

In this document you can find:

1. What is the uniform that students should wear?
2. First order suggestion
3. Uniform Rules
4. Available Articles
5. PaRK team & Extracurricular Activities Uniform
6. Houses uniform
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1. What is the uniform that students should wear?

PaRK IS students have 3 types of uniforms that they must wear depending on the occasion:

- **Daily Uniform**

In order to consider the individuality of each student without compromising this sense of group students can combine different uniform items in their daily life (with the exception of the Physical Education Uniform):

- Early Learning School [1-5 Years] & Junior School [Grades 1-5]
- Senior School [Grades 6-10]
- IB Diploma [Grades 11-12] - Daily Uniform is not mandatory for students from Grade 11 but they must follow the school dress code.

- **Official Uniform**

The Official Uniform is mandatory for all students (1 Year to Grade 12) for official events (presentations, field trips), and whenever indicated by the school.

- **Physical Education Uniform**

The Physical Education Uniform must be used by all students (1 Year to Grade 12) on the day when the student has Physical Education class (1 Year to Grade 5) or only during PE Class (Grade 6-12).

2. 1st Order Suggestion

For a first order, our suggestion is:

Daily Uniform

- 3 Long sleeve polos
- 3 Short sleeve polos
- 2 Chino trousers (From Grade 6 up)
- 2 Shorts
- 1 Sweatshirt
- 1 Zipped Sweatshirt
- 1 Blue Skort (Girls)
- 1 Panamá Hat (1 and 2 Years Old) | Safari Hat (3+ Years Old)

Official Uniform

- 1 Shirt
- 1 Pullover
- 1 Grey Skirt/Skort (Girls) | Grey Shorts | Grey trousers 1 Fluted Dark Grey Socks

Physical Education Uniform

- 1 PE Shorts and/or sweatpants and/or Blue PE Skort (Girls)
- 2 T-shirts (From Grade 6)

3. Uniform Rules

Daily Uniform

Physical Education Uniform

Official Uniform

Early Learning School
1-5 Year Olds

- PaRK IS blue polo (short or long sleeve or PaRK IS blue shirt;
- Simple blue jeans or dark blue twill shorts, trousers, skirt/skort or uniform grey shorts or skirt/skor
- PaRK IS blue sweatshirt (with or without zip), sherpa or fleece polar
- PaRK IS blue striped pullover or Sweater
- PaRK IS Panamá or Safari Hat
- Dark-blue socks, dark grey socks or without socks
- Practical shoes of neutral solid colour (blue, white, dark grey, brown)
- Overcoat of neutral colour (blue, grey, white)

- PaRK IS blue polo (short or long sleeve;
- PaRK IS blue PE shorts, sweatpants, leggings or PE skort;
- PaRK IS blue sweatshirt (with or without zip), sherpa or polar jacket
- Dark-blue socks, dark-grey socks, white socks or without socks
- PE Bag (optional)
- Trainers (must be practical and of a neutral colour)
- Overcoat of neutral colour (blue, grey, white)

- PaRK IS blue shirt
- PaRK IS grey shorts for boys, skirt or skort
- PaRK IS blue striped pullover;
- Fluted dark grey knee-high socks
- Dark blue, brown or black shoes
- Overcoat of neutral colour (blue, grey, white)

Junior School
Grade 1 - Grade 5

- PaRK IS blue polo (short or long sleeve) or PaRK IS blue shirt;
- Simple blue jeans or dark blue twill shorts, trousers, skirt/skort or uniform grey shorts or skirt/skor
- PaRK IS blue sweatshirt (with or without zip), sherpa or fleece polar
- PaRK IS blue striped pullover or sweater
- PaRK IS Safari Hat
- Dark-blue socks, dark grey socks or without socks
- Practical shoes of neutral solid colour (blue, white, dark grey, brown)
- Overcoat of neutral colour (blue, grey, white)

- PaRK IS blue polo (short or long sleeve)
- PaRK IS blue PE shorts, sweatpants, leggings or PE skort
- PaRK IS blue sweatshirt (with or without zip), sherpa or polar jacket
- Dark-blue socks, dark-grey socks, white socks or without socks
- PE Bag (optional)
- Trainers (must be practical and of a neutral colour)
- Overcoat of neutral colour (blue, grey, white)

- PaRK IS blue shirt;
- PaRK IS grey shorts for boys, skirt or skort
- PaRK IS blue striped pullover or Sweater;
- Fluted dark grey knee-high socks
- Dark blue, brown or black shoes
- Overcoat of neutral colour (blue, grey, white)

3. Uniform Rules

Daily Uniform

- PaRK IS grey polo (short or long sleeve) or PaRK IS white shirt;
- Grey chinos, twill shorts, skirt/skort or official uniform grey shorts or skirt/skort
- PaRK IS grey sweatshirt (with or without zip), sherpa or blue fleece jacket
- PaRK IS blue striped pullover or Sweater
- Dark-blue socks, dark grey socks or without socks
- Practical shoes of neutral solid colour (blue, white, dark grey, brown)
- Overcoat of neutral colour (blue, grey, white)
- Students can wear simply jewelry: stud earrings, a simple necklace, and one simple bracelet/watch

Physical Education Uniform

- PaRK IS blue PE t-shirt
- PaRK IS grey PE shorts, blue sweatpants, leggings or PE skort
- PaRK IS grey sweatshirt (with or without a zip), sherpa or blue fleece jacket
- Dark blue socks, dark grey socks, white socks or without socks
- PE Bag
- Trainers (must be practical and of a neutral colour)
- Overcoat of neutral colour (blue, grey, white)

Official Uniform

- PaRK IS white shirt;
- PaRK IS grey trousers, skirt or skort ;
- PaRK IS blue pullover or Sweater;
- Fluted dark grey knee-high socks
- Dark blue, brown or black shoes
- Overcoat of neutral colour (blue, grey, white)

3. Uniform Rules

Dress Code

IB Students can use Senior School daily Uniform or follow the Dress Code of 'Smart Casual' (relaxed but still professional attire)

Collared shirt or polo, trousers, chinos, smart jeans or shorts, skirts and dresses with acceptable length and solid neutral coloured shoes

- Make-up should be simple and natural
- Props should be simple and discreet (belts, bracelets, earrings) and removed for PE classes (for safety reasons)

It is strictly prohibited to wear:

- Tops with symbols of alcohol, tobacco or drugs; bold prints; sexually explicit or offensive to the cultural or religious beliefs of others
- Sleeveless t-shirts, cropped or transparent tops, singlets, tank tops, leggings, short shorts or skirts, ripped jeans/trousers
- Hats, caps and sunglasses are not allowed inside buildings
- Flip flops and other types of beach sandals

Physical Education Uniform

Students must wear the PE Uniform in Physical Education classes

- PaRK IS PE shorts, sweatpants, PE skort, leggings
- PaRK IS blue T-shirt
- PaRK IS grey sweatshirt (with or without a zip), sherpa or blue fleece jacket
- Dark blue socks, dark grey socks, white socks or without socks
- PE bag
- Trainers (must be practical and of a neutral colour)
- Overcoat of neutral colour (blue, grey, white)

Official Uniform

- The official uniform is mandatory in official events (presentations, field trips) and whenever indicated by the school.
- PaRK IS white shirt
- PaRK IS grey trousers, grey skirt or skort
- PaRK IS blue pullover (optional)
- PaRK IS Blazer
- PaRK IS Tie
- Dark grey knee-high fluted socks
- Formal dark-blue, brown or black shoes (boots, sandals, tennis shoes are not permitted)
- Overcoat of neutral colour (blue, grey, white)

3. Uniform Rules

- Students must always wear the PaRK INTERNATIONAL SCHOOL uniform when attending the school (even during outdoor activities, school trips and during the school's teaching breaks)
- Students can combine different uniform items in their daily life (with the exception of the Physical Education Uniform):
 - PaRK IS grey shorts, trousers, skirt/skort with Polos or shirt and the sweatshirt (with or without zip) or pullover
 - PaRK IS blue chino trousers, blue shorts, skirt/skort with Polos or shirt and the sweatshirt (with or without zip) or pullover
- All students must wear the Official Uniform in official events (presentations, field trips) and whenever indicated by the school.
- Items strictly prohibited:
 - Uniform from different years
 - The PE Uniform outside PE Class (from grade 5)
 - Boots worn on the outside of trousers, with skirts or with shorts
 - Jeans (from Grades 6-10)
 - Multi-coloured shoes
 - Socks which are brightly coloured or with inappropriate symbols
 - Tennis shoes, boots or sandals with the Official Uniform
 - Sweatshirt (with or without zip) with the Official Uniform
 - House T-shirt and Sweatshirt on non-House days

3. Uniform Rules

- On Physical Education days:
 - Early Learning School (1 Year to 5 Years) must go to school wearing the PE uniform. Sport shoes must be at school.
 - Junior School (Grade 1 to Grade 5) must go to school wearing the PE uniform. Sport shoes must be at school in the PaRK IS Physical Education bag properly identified. These shoes can only be used in Physical Education classes.
 - Senior School (Grade 6 to Grade 12) must bring the Physical Education uniform in the PaRK IS Physical Education bag properly identified and should wear it only during Physical Education class.
- PaRK INTERNATIONAL SCHOOL does not take responsibility for the loss or damage of clothes. All clothes must be properly identified.
- Our activities encourage active play and there will be many opportunities for physical activities and outdoor play that may result in dirty clothes. PaRK INTERNATIONAL SCHOOL is not responsible for the damage caused to clothing during activities.
- The washing instructions should be respected.
- If there is a field trip on a PE day, students should go to school dressed in the Official Uniform and take the PE uniform in a bag properly identified.

3. Uniform Rules

- The Daily Uniform is optional for all Grade 11 and 12, but the Official and the Physical Education uniform is mandatory. IB Diploma Programme students can wear the Daily Uniform from Senior School or abide by the IB Dress Code of 'Smart-Casual'. They must wear Physical Education uniform in their classes and the Official Uniform is mandatory for official events (presentations, field trips) and whenever indicated by the school.
- The uniform is important and should always be respected by students. All uniform items must be in good condition and of an appropriate size - not faded, discoloured or holey. If students do not use it correctly, the following measures will be taken:
 - The school will contact the Parent/Guardian
 - Incomplete Uniform: If students use other items not allowed (socks, pants, shorts, skirts, shoes) repeatedly, the Parent/Guardian will be called to school to replace the missing item or to collect the child
 - From 1st Grade, students who do not have the correct official uniform (including socks and shoes) will not be able to accompany the group on field trips
- Uniform orders should be placed through our [Store](#). The uniform invoices are sent by email when the purchases are ready to be collected, and debited with the next monthly fee.
- All returns or exchanges must be made within 30 days of the purchase. All items must be returned in the original packaging and in the same condition as they were received, not used or altered in any way. Returns must be handed in at school in a bag duly identified with the student's name, campus and class.
- Depending on stock, all orders will be delivered within a maximum of 2 weeks.

4. Available Articles

Early Learning & Junior School | Daily Uniform

Park INTERNATIONAL
SCHOOL



Blue Long Sleeve Polo
27,30€



Blue Short Sleeve Polo
26,00€



Blue Long Sleeve Polo
27,30€



Blue Short Sleeve Polo
26,00€



Panama Hat (1 & 2
Year Olds)
24,00€



Safari Hat
25,00€



Blue Sweatshirt
36,60€



Blue Zipped Sweatshirt
44,60€



Blue Sherpa Jacket
51,90€



Blue Fleece Jacket
48,50€



Blue Skort
37,40€

4. Available Articles

Early Learning & Junior School | Official Uniform



Blue Shirt
37,30€



Blue Striped Pullover
39,50€



Blue Shirt
37,30€



Blue Striped Pullover
39,50€



Knee-High Dark Grey
Fluted Socks
7.50€



Grey Shorts with T
(1 & 2 Year Olds)
39,90€



Grey Shorts
39,90€



Grey Skirt
(with or without T)
43,00€



Skort
46,00€

Note: Sherpa and Fleece Jacket allowed to be used over the pullover.

4. Available Articles

Early Learning & Junior School | Physical Education Uniform



Blue Long Sleeve Polo
27,30€



Blue Short Sleeve Polo
26,00€



Blue Long Sleeve Polo
27,30€



Blue Short Sleeve Polo
26,00€



Blue PE Shorts
23,50€



Blue Sweatpants
25,40€



Blue Leggings
24,50€



Blue PE Skort
26,90€



PE Bag
12,00€

4. Available Articles

Senior School | Daily Uniform

Park INTERNATIONAL
SCHOOL



Long Sleeve Polo
27,30€



Short Sleeve Polo
26,00€



Long Sleeve Polo
27,30€



Short Sleeve Polo
26,00€



Sweatshirt
36,60€



Zipped Sweatshirt
46,60€



Sherpa Jacket
51,90€



Fleece Jacket
47,50€



Blue Skort
37,40€



Twill Shorts
37,50



Chino Trousers
Short leg style
41,50



Twill Shorts
37,50



Chino Trousers
Long legs style
41,50

4. Available Articles

Senior School & IB Diploma | Official Uniform



White Shirt
36,40€



Blue Pullover
39,50€



White Shirt
36,40€



Blue Sweater
39,50€



Grey Trousers
42,00€



Grey Skirt
43,00€



Grey Skort
46,00€



Knee-High Dark Grey
Fluted Socks
7.50€

PARK INTERNATIONAL
SCHOOL

G11-12 only



Tie
Boys/Girls
18.50€



Blazer
Straight Style
92,00€



Blazer
Fitted Style
92,00€

Note: Sherpa and Fleece Jacket Allowed to be used over the pullover.

Prices are subject to change depending on Market

4. Available Articles

Senior School & IB Diploma | Physical Education Uniform



Blue T- Shirt
14,40€



Blue/Grey PE Shorts
23,50€



Blue PE Skort
26,90€



Blue Sweatpants
25,40€



Blue Leggings
24,50€



PE Bag
12,00€

5. PaRK Teams & Extracurricular



Basketball | Volleyball |
Athletics Equipment



Football Equipment

PaRK Team

- PaRK International School participates in competitions with other international schools and belongs to the International Schools Sports Association (ISSA).
- PaRK IS Team prepares the players for these events. Simultaneously, students have an extra opportunity to practice football, basketball, volleyball and athletics throughout the year.

- First stage (September to December): girls football and boys basketball
- Second stage (December to February): girls and boys volleyball
- Third stage (February to April): girls basketball and boys football
- Fourth Stage (April to May): Athletics for all students

- It is mandatory that the team acquire the PaRK IS Team uniform for athletics.
- Students should use the equipment according to the activity:
 - basketball and volleyball: sleeveless equipment
 - football: equipment with sleeves
 - athletics: optional - sleeves or sleeveless

Extracurriculars

- PaRK International School offers extracurricular activities that are subject to a minimum and maximum number of participants.
- All activities have limited vacancies and registrations will be on a first come first served basis.
- Students who were enrolled in an activity in the previous academic year, have priority if they answer until August 30th, after that date they will be considered as new students.

- Activities with equipment:
 - basketball
 - volleyball
 - football

- It is mandatory that the team's athletes acquire the PaRK IS Team uniform for the extracurricular activities.
- Students should use the equipment according to the activity.
- Basketball and volleyball: sleeveless equipment
- Football: equipment with sleeves

6. Houses Uniforms

T-shirts



T-shirt
Armstrong & Johnson



T-shirt
Cousteau & Andresen



T-shirt
Hillary & Tabei



T-shirt
Vasco da Gama & Mo. Teresa

Sweatshirts



Sweatshirt
Armstrong & Johnson



Sweatshirt
Cousteau & Andresen



Sweatshirt
Hillary & Tabei



Sweatshirt
Vasco da Gama & Mo. Teresa

Usage Rules

- From Grade 1 and all Staff are attributed a House: Hillary & Tabei, Cousteau & Andresen, Vasco da Gama & Mo.Teresa and Armstrong & Johnson.
- The House System promotes a sense of belonging across age groups and a degree of friendly competition between students. It provides opportunities for teachers and students to develop all aspects of their growth and learning: personality, morality, creativity, knowledge and skills. The activities promote values of fair play, teamwork, citizenship, mutual responsibility, self-discipline, initiative, perseverance and resilience.
- Each house has the name of a well-known explorer and represents a type of exploration (sea, mountain, deep ocean and space).
- From Grade 1 the students attributed a House and the T-shirt is part of the Initial Mandatory Pack. This T-shirt should be used whenever there are House events and / or competitions at school.
- The House Sweatshirt is available for students and staff to purchase.
- House Tshirt and Sweatshirt are to be used only on House Activities

7. How to Buy?

All uniform articles should be acquired through the school's online [Shop](#).



[Help!](#)
[Size Guide](#)
[Care Instructions](#)
[FAQ](#)

Any question, please do not hesitate to contact us: uniforms@park-is.com